

WELCOME TO ST. PAUL EPISCOPAL CHURCH

WELCOME. In the name of Christ, we offer you welcome to this church. May those who sorrow, find comfort; the weary, rest; the troubled, peace; the stranger, friends; the unhappy, joy; and to all, the sense of God's presence in this Holy Place. If you are new to this parish community, please give your name and phone number to the Rector or sign our guest register on the stand in the back of the Church. As our honored guest, we want to welcome you. *Book of Common Prayer* and the larger blue book is the *Hymnal*.

THE SERVICE. There are two main books used for our service; the smaller red book is the *Book of Common Prayer* and the larger blue book is the *Hymnal*. There is also a *Gray Hymnal*. They can be found in the bookrack on the back of the pew in front of you. A *Bible* can be found at the ends of the pew. The page / hymn numbers in the service bulletin help you find your place in these service books. We invite you to participate fully in our worship.

RECEIVING COMMUNION. Holy Communion in the Episcopal Church is open to all who are comfortable participating in the Communion of the Lords' Table. To receive communion, please form two lines in the center aisle and approach the front of the Celebration Altar. Please stand with one hand cupped on top of the other to receive the consecrated bread from the Celebrant. Then step to the side to the Eucharistic Minister and **take** the chalice and drink from it; or you may intinct the bread by dipping it in the consecrated wine. If you do not wish to receive Holy Communion, please come forward for a blessing (fold your arms across your chest to indicate that you do not wish to receive Holy Communion). Return to your pew by way of the side aisles.

Thirteenth Sunday after Pentecost

August 19, 2018

9:00 a.m.

Call to Worship

Presider: Blessed be God: Father, Son, and Holy Spirit.

All: And blessed be God's Kingdom, now and forever. Amen.

Presider: Let us bless the Lord at all times,

All: So that God's praise is continually in our mouths.

Presider: Let us taste and see that the Lord is good;

All: Happy are those who take refuge in God.

Presider: As we come to worship the Lord our God,

All: Let us seek, and listen, and fear, and rejoice.

– Adapted from Psalm 34:1-8, *passim*

Collect for Purity

Collect of the Day

First Reading Proverbs 9:1-6

Psalm 34:9-14

Second Reading Ephesians 5:15-20

Gospel John 6:51-58

Sermon

Nicene Creed

Prayers of the People

Prayer Book, page 355

Insert

Insert

Insert

Insert

The Rev. J. Patrick Peters

Prayer Book, page 358

Prayer Leader: Living God, Holy Wisdom, you have come to us in Jesus as the living bread given for the life of the world: Accept our prayers on behalf of the whole human family, that all may abide in you, and live and walk in your ways.

Prayer Leader: Nurture your Church, O God, especially Justin, the Archbishop of Canterbury; Michael, our Presiding Bishop; Audrey, our Bishop; James and Barbara, the Bishops of our Lutheran brothers and sisters; Ronald, the Bishop of our Roman Catholic brothers and sisters; clergy, especially Patrick, our Rector; Gina, Ingrid, Sud, Tim, Mark, Peter, Beth, John, and Nancy, the clergy of the Rim Parishes; and all our brothers and sisters of the Rim Parishes, with the food and drink of eternal life as we celebrate our Eucharist on this feast day of Christ's resurrection: Fill us with your Spirit as we give thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ. Feed your creation with your eternal life;

All: may Christ abide with us.

Prayer Leader: Guide leaders of our nation especially Donald, our President; the Congress and the Courts; Thomas our Governor; the Legislature of our Commonwealth; our Borough Council; and Leo our Mayor, and all who wield power and authority in the world, that they may have wisdom and understanding to discern between good and evil. Feed your creation with your eternal life;

All: may Christ abide with us.

Prayer Leader: Be the bread of life for those who lack and suffer hunger throughout the world, that all who suffer may know the nourishment of your love. Feed your creation with your eternal life;

All: may Christ abide with us.

Prayer Leader: Invite our Parish Family of Saint Paul to the banquet of your divine life, where we may know the works of your hands, which are faithfulness and justice, full of majesty and splendor. Feed your creation with your eternal life;

All: may Christ abide with us.

Let our nurturing life renew and strengthen those for whom we pray, especially...

(read the names of the sick listed on the prayer list.

Also read the names [if any] listed under “for the special needs of,” read the names [if any] listed under the heading of “for healthy pregnancy and safe delivery”)

(then say: “the congregation is invited to add others names aloud or in silence”),

(then continue)

We thank you for the living bread that came down from heaven; hear our prayers of gratitude, especially for...

(mention any thanksgivings [if any] listed under the heading of “thanksgivings”)

(then say: “the congregation is invited to add other blessings aloud or in silence”)

(then continue)

May all who have died abide in you and rejoice at the banquet of your heavenly feast, especially...

(read the names of the departed listed on the prayer list)

(then say: “the congregation is invited to add others names aloud or in silence”)

(then continue)

Feed your creation with your eternal life;

All: may Christ abide with us.

Prayer Leader: You fashioned a world abundant with life and life-giving creatures. Inspire us to fashion with you a world that promotes fullness of life for all people. Feed your creation with your eternal life;

All: may Christ abide with us.

Prayer Leader: As the earth nourishes and sustains us, may we nourish and sustain one another in justice and peace. Feed your creation with your eternal life;

All: may Christ abide with us.

Prayer Leader: Help us to release our tight-fisted grasp on the things of this world, and may we never contribute to the pain and hunger of our brothers and sisters. Feed your creation with your eternal life;

All: may Christ abide with us.

Prayer Leader: We are made in your image, O God: help us to hold up each other as mirrors of your life. Feed your creation with your eternal life;

All: may Christ abide with us.

Prayer Leader: Let us confess our sins against God and our neighbor.

(a brief pause for the private confession of our sins)

Prayer of Confession and Assurance

The world around us is changing so fast, O God,
and we confess that we find ourselves in search
of some path to follow that will lead us to what the
values of the present tell us we should desire.
We look for power when we should seek wisdom.
We run after those who promise wealth, material success,
and self-advancement, turning our backs on the way
of self-giving love that has given us life itself, to
which your Son is ever calling us.
For our failures of focus and constancy, we humbly
repent, and we ask your forgiveness.
Lead us back, we pray, to the path of discipleship,
under the abundant mercy of your Son, Jesus. Amen.

Absolution
The Peace

Prayer Book, page 332
Prayer Book, page 360

Greetings and Announcements

Offertory
Eucharistic Prayer D
Sursum Corda
Sanctus
The Great Amen
Our Father
The Breaking of the Bread
Communion
Prayer of Thanksgiving
The Blessing
Dismissal

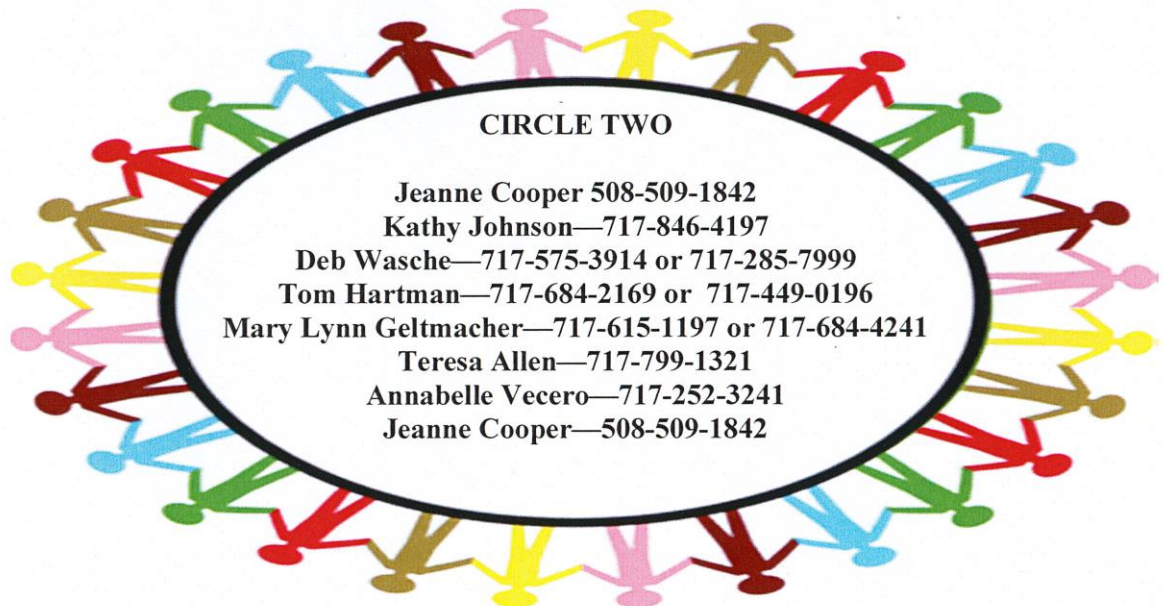
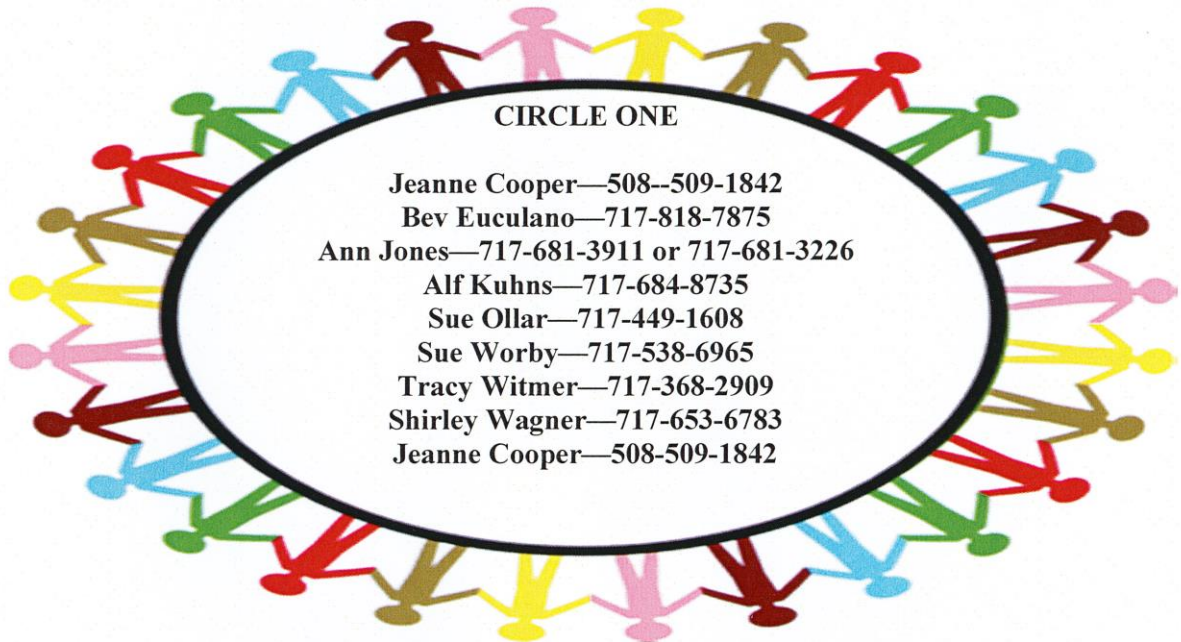
Prayer Book, page 372
Prayer Book, page 372
Prayer Book, page 373
Prayer Book, page 375
Prayer Book, page 364
Prayer Book, page 364
Prayer Book, page 365
Prayer Book, page 366
Prayer Book, page 365

PRAYER CIRCLE

Dear Members of St. Paul,

The person at the top (Jeanne Cooper) will call the next person on the list. Ex.: Jeanne will call Bev Euculano; Bev will call Ann Jones; Ann will call Alf Kuhns; and so on. The last person on each list will call Jeanne back, thus completing the circle.

The person being prayed for will remain on the list for 30 days; then they will be taken off unless you request that we keep them in our prayers longer. If there are any questions, please call Jeanne Cooper.



Prayer Requests August 19, 2018

Hospitalizations

Homebound

Delores Baker (Saint Anne); Ethel Edelman (Autumn House West); Alverta Hossler (Paramount Senior Living, Maytown)

Intercessions

Sue Ellen; Ruth; Ethel; Alverta; Mike; Joann; Carolyn; Vickie; Ralph; Danielle

Birthday

Anniversary

8/20 Father Tim and Betsy Small

Departed

Janet Eddy; Dora Brommer

For Those in Positions of Public Trust

President Donald Trump; Governor Tom Wolf; Mayor Leo Lutz; All legislative bodies & all courts of law; for the leaders of all nations and people.

For our Bishops, Rector, and Parish Members

The Most Rev. Justin Welby, Archbishop of Canterbury and his staff; The Most Rev. Michael Curry and his staff; The Rt. Rev. Audrey Scanlan and her staff; The Rev. J. Patrick Peters; the staff and people of this parish, especially Alverta Hossler; Deb Wasche; Sue Worby

World Cycle of Prayer

8/19 Mauritania; 8/20 Mauritius; 8/21 Mexico; 8/22 Federated States of Micronesia; 8/23 Moldova; 8/24 Monaco; 8/25 Mongolia

Anglican Cycle of Prayer

8/19 Pray for the Church of South India, The Most Rev'd Thomas Kanjirappally Oommen, Moderator of CSI and Bishop of Madhya Kerala; 8/20 Gboko, The Rt. Rev'd Emmanuel Nyitsse; 8/21 George, The Rt. Rev'd Brian Marajh; 8/22 Georgia, The Rt. Rev'd Scott Benhase; 8/23 Gippsland, Vacant; Grafton, The Rt. Rev'd Sarah Macneil; 8/24 Gitega, The Rt. Rev'd John Nduwayo; Gitega, The Rt. Rev'd Aim Joseph Kimararungu; 8/25 Glagow and Galloway, The Rt. Rev'd Gregor Duncan

Ecumenical Cycle of Prayer

8/19 Syrian Catholic Church; 8/20 Syro-Malabar Catholic Church; 8/21 Syro-Malankara Catholic Church; 8/22 Ukrainian Greek Catholic Church; 8/23 American Catholic Church in the United States; 8/24 Brazilian Catholic Apostolic Church; 8/25 Catholic Apostolic Church

Diocesan Cycle of Prayer and Parish Cycle of Prayer:

St. Paul, Columbia and their congregation; Columbia Church of God, Columbia and their congregation

Companion Parish Cycle of Prayer:

Ecumenical:

Rev. Beth J. Costlow and the people of Saint John Lutheran Church, Columbia

Rev. Mark Kopp and the people of Saint James Lutheran Church, Columbia

Rev. Stephen Kelley and the people of Holy Trinity Roman Catholic Church, Columbia

Rev. Anthony Swamy Anthappa, MSFS and the people of Saint Peter Roman Catholic Church, Columbia

Rev. David Powers and the people of The Columbia Presbyterian Church, Columbia

Rev. Thomas Grubbs and the people of The Columbia United Methodist Church, Columbia

Rev. Patricia McAllister and the people of Mt. Zion A.M.E. Church, Columbia

Rev. Hub Smith and the people of The Columbia Christian Fellowship, Columbia

Revs. Gordon and Angie Misal and the people of Impact Christian Center, Columbia

Rev. Charles Deutsch and the people of Ironville United Methodist Church, Columbia

Rev. Mary Ann Kingsborough and the people of Concordia Lutheran Church, Columbia

Rev. Dione Kleptka and the people of Saint John Herr Estate Retirement Community

Rim Parishes of the Lancaster Convocation:

Rev. Gina Bautista and the people of Saint John Episcopal Church, Marietta

Rev. Ingrid Andersen and the people of Saint Luke Episcopal Church, Mount Joy

Rev. Sud Tiwari and the people of Saint Paul Episcopal Church, Manheim

Rev. Tim Small and the people of Hope Episcopal Church, Mt. Hope

Rev. Mark Scheneman and the people of Bangor Church, Churchtown

and the Revs. Beth Mollard, Pete Greenfield, John Emmert, Ellie Garner and Nancy Rementer

Peace and Justice

South Sudan; Nigeria; Iraq; Israel; Kenya; Afghanistan; Palestine; Somalia; Iran; Libya; Syria; Egypt; Tunisia; Yemen; Ukraine; Venezuela; North Korea; Turkey

Amount needed each week to meet the 2018 income budget:	\$2,763.00
Amount budgeted each week from fundraisers and investment income:	\$1,764.00
Amount needed each week in pledge and plate to meet income budget:	\$ 999.00


Amount needed each week to meet the 2018 expense budget:	\$3,535.00
Amount expected each week from fundraisers and investment income:	\$1,764.00
Amount needed each week in pledge and plate to meet expense budget:	\$1,771.00

	08/12/18	08/13/17
St. John Herr Estate	13	12
9:00 a.m.	<u>27</u>	<u>55</u>
	40	67
Pledge and Plate:	\$ 879.00	\$1,208.00

Weekly Impact: w/e 8/12/18: 85

Be Thoughtful
Be Silent
Be Reverent.....
For this is the House of the Lord
Before the service,
speak to the Lord
During the service,
let the Lord speak to you
After the service,
speak to one another

REVERENT



August 25, 2018
St. John Herr Estate
5:30 p.m.

Lector: Charlene
Eucharistic Minister: Les
Prayers of the People: Bev

August 26, 2018
9:00 a.m.

Lector: Tracy/Bill W.
Eucharistic Ministers: Christine/Bill K.
Crucifer: Bill K.
Server: Georgie
Gospel Bearer: Georgie
Prayers of the People: Mary Lynn
Ushers: George/Ralph
Greeters: Evelyn/Ralph
Verger (Open): Janet
Verger (Close): Christine



THIS WEEK AT SAINT PAUL

Sun: 9:00 AM – Eucharist – Church
10:30 AM – Coffee Hour in the Mary Elizabeth Bair Parish Center

Mon:

Tue:

Wed:

Thu:

Fri: 2:00 PM – Valerie Henry Dance in the Mary Elizabeth Bair Parish Center

Sat: 5:30 PM – Free Community Dinner in the Mary Elizabeth Bair Parish Center
5:30 PM – Eucharist at St. John Herr Estate

Sun: 9:00 AM – Eucharist – Church
10:30 AM – Coffee Hour in the Mary Elizabeth Bair Parish Center

A man who does a daily blog named Seth Godin recently wrote the following and I have to think this describes where Saint Paul is right now:

There are two polar opposites: Staying Still and Breaking. It's easy to visualize each end of the axis, whatever the activity. In between is Stretching.

Stretching is growth. Extending our reach. Becoming more resilient, limber and powerful. Stretching hurts a bit, and maybe leaves us just a little bit sore.

But then, tomorrow, we can stretch further than we could yesterday. Because stretching compounds. If you're afraid of breaking, the answer is not to sit still but to dedicate yourself to stretching.

PRAYER AND WORSHIP

The Altar Flowers are available for the weeks of August 26; September 2, 9, 16, 23, 30.

The Sanctuary Candle is available for the weeks of August 26; September 2, 9, 16, 23, 30.

The Bread and Wine is available for the weeks of August 19, 26; September 2, 9, 16, 23, 30.

Prayer Ministry: Please take an active part in our three Core Prayer Ministries:

- 1) Send those birthday cards to the people who have a birthday in August. The names and dates are on the Prayer Calendar you received and there is also a list on the table in the back of the church. Birthday cards are available in the back of the church for a small donation.
- 2) Remember your Prayer Partner every day in August. Take the time to pray for them and the needs that they may have. Just remember them and ask God to bless them.
- 3) The Daily Prayer Intention Calendar was sent out for August. Please use it. Prayer changes lives! Lots of prayer changes lots of lives! Your prayers are heard and answered! Pray always!

Sunday Service Time Survey Results: Our Sunday Service will remain at 9:00 a.m. (9:00 a.m. – 20 votes; 9:30 a.m. – 9 votes; 10:00 a.m. – 1 vote).

Wednesday Morning Prayer and Healing Service: Our Wednesday Morning Prayer and Healing Service is not held during the summer. It will resume on Wednesday, September 5.

Missed You Cards: Father Patrick does not send his weekly "Missed You Cards" during the summer months; however, coming together each week is still very important and we hope that you will make every effort to attend our Sunday Eucharist. If you are away, please continue to make every effort to attend a church near you on vacation. Common Prayer on a Saturday evening or Sunday morning is important every week.

“Rediscover Jesus”: On the table in the back of the church are copies of “Rediscover Jesus”. If you would like a copy of this book, please take one after the service. There is no charge for the book.

CHRISTIAN FORMATION

Sunday School: Our Sunday School-for children age 4 through 10 will resume on Sunday, September 16, 2018 at 8:50 a.m.

FINANCE AND INVESTMENT

Once-A-Day Lottery: The drawings will take place during the month of September. The goal is to sell as many of these tickets to the wider community through various events so that the impact on members will be reduced. If we sell all 1,000 tickets, the net proceeds would exceed \$4,000. Please check your mailbox for your tickets! If you need more tickets, please call Darlene in the Parish Office. Last chance to get your tickets in for 30 chances to win!

OUTREACH MINISTRY

Food Donations: You are reminded to bring your food items to church each week so that on the last Sunday of the month we can present them to the Lord for blessing and then give them to the food bank. Whenever you go shopping, please add extra non-perishable items to your order for this outreach ministry. Jesus never forgot the last, the lost and the least in his ministry and neither can we.

Adult Cereals (less sugar)
Soups
Spaghetti Sauce

Peanut Butter
Rice

Jelly
Boxed Potatoes

Anything you can do to help would be deeply appreciated.

Food Bank Hours: Monday, Tuesday, and Wednesday – 9:30 a.m. – 11:30 a.m. The Columbia Food Bank is closed on holidays.

Greeting Cards: We are collecting old greeting cards so that adults with autism and other intellectual disabilities can recycle them into new greeting cards. Don't throw away your greeting cards – just bring them to the church and put them in the box on the back pew. This will be an ongoing outreach ministry project. Thank you.

ADMINISTRATION

Parish Office Hours: The Parish Office hours are: Monday, Tuesday, and Wednesday – 8:00 a.m. – 2:00 p.m. The Office is closed on holidays.

Use of St. Paul's Facilities: Please call the Parish Office if you want to reserve the Parish Hall or Church.

Reminder: Please remember that when you use the Parish Hall nothing can be put on the walls or the woodwork. Using scotch tape, duct tape, masking tape, and even some types of painter's tape has the possibility of pulling the paint off the wall or damaging the surface. Items can only be placed on the wooden food bank cabinets or the metal kitchen window and its metal surround. Only masking tape or painter's tape can be used on these surfaces. This applies to both parish members and outside groups that use the hall and is clearly stated in the policy outlining use of the parish hall or the church. Thank you.

OTHER EVENTS

Annual Ice Cream Social: Our Annual End of Summer Amish-made Ice Cream Social will be held on Sunday, September 2 in the parish hall following the 9:00 a.m. Eucharist. We invite all those who attend the Saturday 5:30 p.m. service to come and share some ice cream with all the toppings and lemonade as we say good-bye to the summer.

Hope Church Job Opening: Hope Church is currently seeking a part-time Parish Administrator (15 hours per week). Responsibilities include general office oversight including data and records management, bookkeeping, and inventory control. Must have computer skills, excellent verbal and communication skills, and be able to work independently. Email letter of interest with resume to hopeepiscopalchurch@yahoo.com.

Free Sunday Breakfast: On the last Sunday of every month, the Columbia United Methodist Church offers a Free Community Breakfast at 8:00 a.m. in their Fellowship Hall. All are invited.

Attention Readers: St. Paul has a small library located in the Mary Elizabeth Bair Parish Center – Middle Classroom. Feel free to borrow a book (or books). When you have finished reading it, please drop your book into the “Book Return” basket located to the left of the book shelves. We have also included a donation box if you would like to make a contribution. Enjoy!
Thanks to Vickie Stump for all her hard work in organizing and setting up our library.

Quilts for Kids – If you know how to quilt, want to learn how to quilt, know how to sew, don't know how but want to learn, or just have a relaxing hour or two finding out how, we can cheer up a sick kid with a quilt. If you have quilting supplies you do not need anymore, we may be able to use them too. Call Gayanne Basham through the parish office (717-684-8496) if any questions. The quilting group meets Wednesday evenings.

Change of Address: Alverta Hossler is now a resident at Paramount Senior Living. Her address is Room 206, 2760 Maytown Road, Maytown, PA 17550. Please keep Alverta in your prayers.

HOW TO CHANGE 5 DYSFUNCTIONAL PARISH FAMILY RULES TO FUNCTIONAL PARISH FAMILY RULES

How do you change 5 dysfunctional parish family rules to functional parish family rules? You simply do and encourage the opposite of the dysfunctional rules. Instead of Don't talk, Don't trust, Don't feel, and Don't be selfish, you Talk, Trust, Feel, Take Care of Yourself, and Rock the Boat.

Talk: Be open-minded. Communicate that you want to hear from everyone in the parish family about what is going on in their lives. Don't punish anyone for speaking their own truth. Try not to be reactive and defensive when someone speaks truth to you that you find painful. Don't pretend things are okay when they aren't.

Trust: Act trustworthy by keeping your promises, keeping confidences, and admitting when you are wrong. Always speak your truth plainly and clearly and don't lie. Build trust through your actions by living honorably. Offer trust to trustworthy parish family members.

Feel: Feelings are not right or wrong: they just are. Feel your emotions and allow other parish family members to feel their emotions. Don't tell anyone they shouldn't feel the way they do. Accept the feelings of others even when it is difficult and painful for you. Never punish feelings.

Take Care of Yourself: It isn't selfish to take care of yourself while still caring for others in your parish family. Model that each parish family member has the right and responsibility to take care of his or her own needs. Encourage each parish family member to pursue individuality and purpose by becoming who God created him/her to be.

Rock the Boat: Communicate that the parish family and its members need feedback. Be willing to risk speaking the truth even when it might hurt or cause upset. Care more about the health of the whole parish family than appeasing one parish family member out of fear of a reaction. Deal with problems and family pain as they come up and be willing to get outside help when it is needed.

Proverbs 4:26 tells you to "make level paths for your feet and take only ways that are firm" (NIV). These five simple things show you how to change 5 dysfunctional parish family rules to functional parish family rules to allow your parish family to stand on a firm foundation.

Relationship Prayer: Help me to change the dysfunction in my parish family by acting in ways that bring function and health to my relationships with all my parish family members.

Relationship Challenge: Do everything you can to change these 5 dysfunctional parish family rules to functional parish family rules by doing and encouraging these things in your parish family.



The Episcopal Home

Needs for the Episcopal Home in Shippensburg

Deodorant (roll on for men & women)
Dove bath bars
Baby powder (small containers easier to handle)
Lotion (small containers easier to handle)
Kitchen towels & pot holders
Hand towels (not thick ones)
Large print word search books
Sugar free candy only
Clip on earrings (for bingo prizes)
Necklaces 18" or longer to go over head (for bingo prizes)
Small packs of tissues
Wipes with aloe
Men's cloth handkerchiefs
Donation for Ice Cream Social (gift card to Giant)
Gift card to staples (office supplies)
White copy paper
Wash cloths
Post it notes
Playing cards
Chairs (wing back type with arms it is easier for them to get out of)
Tide (to do laundry)
Bowls with lids for left overs (all sizes)
Scotch tape
Nail polish (in light colors)
Hot glue sticks
Ribbon (for arts & crafts all colors & size)
Heat resistant spatulas
Lysol wipes or Clorox
Pens
2 qt. containers with lids
Plastic 3 qt. size bowls/lids, round or square
Depends or similar brand
6 table clothes 60x84 same color